

“...strengthen thy brethren”



Luke 22:32

PRAYER LIST

Members:

Chere' Vannoy

Cindy Atkinson-knee problems-may be facing surgery

Betty Crewse-health

Marty Stearns-health problems

Al Haskell—facing surgery-kidney removal due to cancer

Chuck Smith—heart, Sciatic, recent fall

Requested prayers:

Paul Siders-pancreatic cancer– Joan's sister in law's brother

Patty Lewis-Chuck's daughter—recovering from surgery

Marie Hall-recovering from hip surgery

Edith Taylor-Bill's mother

Cody Cantrell-coma-Bill's friend.

Rachel Hall—health problems

Chere's—Tom Corbin -cancer, Pryia Vannoy—health, Don Cross-uncle-cancer/chemo

Cindy's friends-Ireland Family, Wayne Hamilton, Kathy and Misty Davis, Jody Rynca-cancer

Susan Wills.-Betty's daughter-Lauren Weidner-Betty's grand-daughter -encouragement .

Pat Crain-Joyce's friend health

CHURCH OF CHRIST

of Genesee County

5284 Fenton Road, Flint, Michigan 48507

July 9, 2017

Schedule of Services

Worship...	Sunday	11:00 a.m.
	Sunday	6:00 p.m.
Bible Study...	Sunday	10:00 a.m.
	Wednesday	6:00 p.m.

Website: www.coc-gc.org

Preacher: Michael Golwitzer (810) 771-4627

The Cost of Anger

Not only does the Bible contain many infallible proofs that testify to its divine inspiration, but it also offers many practical commands that are of benefit to the general health and well-being of every human being. One of those practical commands is found in James 1:19-20: "So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; for the wrath of man does not produce the righteousness of God." Beginning with the vicious murderer Cain, throughout the Bible we see the negative effects of human anger. The book of Proverbs is filled to overflowing with precautionary remarks about controlling anger, and avoiding habitually angry men. Interestingly, the modern medical profession has thrown its two cents into the anger discussions. In their thought-provoking book titled *None of These Diseases*, medical doctors S.I. McMillen and David E. Stern brought to light the fact—well known in the medical community—that habitual anger not only is destructive, but also has the potential to kill. On page 205 of the book, they quoted doctors Redford Williams and Virginia Williams: "Getting [habitually] angry is like taking a small dose of some slow-acting poison-arsenic, for example, every day of your life." Later in the chapter titled "Danger—Anger," McMillen and Stern cited a study carried out in 1981 on the hostility level of 255 medical students. Of those who tested in the high-hostility level, 13 percent died by middle age. Of those in the low-hostility level, only 2 percent died.

Of course, anger in and of itself, in certain proportions, is not necessarily destructive. Even Jesus, on occasion, was angry (Mark 3:5). However, the unchecked attitude of "venting one's feelings of anger" does not produce the righteousness of God. Instead, it leads only to destructive, sinful behavior that negatively affects the body and soul. Truly, the Proverbs writer expressed it eloquently when he wrote: "He who is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city" (16:32). by Kyle Butt, M.Div.

McMillen, S.I. and David Stern (2000), *None of These Diseases* (Grand Rapids, MI: Revell), third edition.

Church of Christ of Genesee County

Worship Service

House to House / Heart to Heart

Internet Telecast of Sermons

Online Academy of Biblical Studies

Food Closet

Seek the Old Paths

Gospel Broadcasting Network

Bible Classes

Tracts and DVDs

Evangelism / Gospel Meetings

Mission Work

Apologetics Press

World Video Bible School

The Spiritual Sword

Save the date! October 8-11
Gospel meeting with
Tracy Dugger



Ladies Bible Class

The classes in July are the 11th and 25th
at 10:00 am.

Next Fellowship Dinner! July 16, 2017
Following Sunday Morning service.

Sermons:

AM: Restoring the Erring

PM: Bible Doors